

Cheryl Herbert became a widow in 1997, which was an event that changed her life forever. Not only did it change her life, but it also changed the lives of her three children, who were only 5, 7, and 8 years of age at the time. Cheryl had tended



to her husband for three years during his battle with cancer, and stood by his side through surgeries, treatments, and long nights of pain and suffering. She felt completely alone during this time, but this was exactly where God wanted her to be. This allowed Him to move into her

life in a way that no human being could have ever done, and grew her faith, trust and commitment to living out His vision in her life in a way that she would have never imagined.

As time went on, Cheryl faced her own struggles from raising children alone, to trying to find peace in various relationships, but the one thing that never changed was God's hand in her life and her trust in Him. During this time, Cheryl grew as a career woman and went on to further her education with a bachelors of science and a masters of business administration. But these steps in her journey were only to be used as a tool to create a safe and warm environment for

her children. They were not her true passion in life, and she knew she had to be true to her God-given talent: singing and writing music. These are her true passions. Her music, from the time she was widowed and even years prior, had become her healing vice. The words that God spoke to her through her lyrics were the words that most deeply healed her, and are now being passed on to other widows and widowers throughout the world.

In 2008, Cheryl was remarried to a wonderful man who is a strong man of faith that has been uniquely prepared by God to make whole what was once broken. Together, they grow in Christ's vision in their lives, and look eagerly toward the future of helping those who will have to walk through the journey of losing a loved one, but this time with someone who understands and is on their side.



Me, Myself, and GOD is proud to be an affiliate member of the High Desert Community Foundation

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WHO ARE WE?

Me, Myself, and GOD is an organization focused on providing support to widows and widowers throughout the world. Dealing with grief of any kind is difficult, but when the grief is due to the loss of a spouse, a person can feel as though there is nothing left in life, which can in turn lead to more devastating problems.

Me, Myself, and GOD provides resources for hurting people ranging from

emotional to spiritual, and finally financial. The first six months of a person's life after the loss of a spouse are known to be the most fragile. During this time, there are often concerns about financial stability, understanding

the needs of grieving children, wondering how to move forward as a single person, and even thoughts about their spiritual walk. Me, Myself, and GOD is here to bridge that gap.



HOW CAN YOU HELP?

There are many ways to give to a person in need, from emotional, financial, and spiritual. The primary objective of Me, Myself, and GOD is to support hurting families with financial support during the first six months after the loss of a spouse. Oftentimes, a spouse is left with young children to care for, and sometimes without life insurance to help carry the load. There are also individuals who are simply seeking prayer and emotional support; longing for someone to whom they can relate.

Me, Myself, and GOD has resources to help during these times, and you too can help bridge this gap.

- Become a Prayer Partner
- Angel Gift: A one time angel donation to any family, or one of your choice
- Bridge the Gap: Become a partner with Me, Myself, and GOD and donate on regularly scheduled times in an amount that is right for you
- Send an Angel: For a small donation of \$5, you can send an e-card through our website to an individual who is struggling with the loss of their spouse.

To help us bridge the gap through your donation, visit us at:
www.memyselfandgod.com



SHARE A SMILE

The "Share a Smile" campaign is an opportunity to share your smile with hurting people throughout the world.

You may or may not be completely healed, but that doesn't matter. What people need to see is the smile that is on your face through your acceptance of God's love in your life, and

with this love comes a beautiful smile. that only God could have given you. So, share YOUR smile with everyone, and give them something that they can hold on to while they're overcoming their grief.

